



MASSACHUSETTS

Blue Cross Blue Shield of Massachusetts is an independent Licensee of the Blue Cross and Blue Shield Association

Pharmacy Medical Policy Influenza Drugs

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Policy Number: 440

BCBSA Reference Number: None

Policy

Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity

Note: All requests for outpatient retail pharmacy for indications listed and not listed on the medical policy guidelines may be submitted to BCBSMA Clinical Pharmacy Operations by completing the Prior Authorization Form on the last page of this document. Physicians may also call BCBSMA Pharmacy Operations department at (800)366-7778 to request a prior authorization/formulary exception verbally. Patients must have pharmacy benefits under their subscriber certificates.

Prior Authorization Information

<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Step Therapy <input checked="" type="checkbox"/> Quality Care Dosing		Pharmacy Operations: Tel: 1-800-366-7778 Fax: 1-800-583-6289 Policy last updated 7/1/2023
Pharmacy (Rx) or Medical (MED) benefit coverage	<input checked="" type="checkbox"/> Rx <input type="checkbox"/> MED	To request for coverage: Physicians may call, fax, or mail the attached form (Formulary Exception/Prior Authorization form) to the address below.
Policy applies to Commercial Members: <ul style="list-style-type: none"> • Managed Care (HMO and POS), • PPO and Indemnity • MEDEX with Rx plan • Managed Major Medical with Custom BCBSMA Formulary • Comprehensive Managed Major Medical with Custom BCBSMA Formulary • Managed Blue for Seniors with Custom BCBSMA Formulary 		Blue Cross Blue Shield of Massachusetts Pharmacy Operations Department 25 Technology Place Hingham, MA 02043 Individual Consideration: Policy for requests that do not meet clinical criteria of this policy, see section labeled Individual Consideration

Please refer to the chart below for the formulary status of the medications affected by this policy.

Drug	Formulary Information
	Standard
	Formulary Status
Oseltamivir	Covered
Tamiflu ® (oseltamivir)	Covered
Relenza ® (zanamivir)	Covered
Xofluza ™ (baloxavir marboxil)	Covered

BCBSMA may cover Tamiflu®, Xofluza™, and Relenza® at the highest copayment tier for a member based on their specific benefit design, at the retail pharmacy.

Oseltamivir (including Tamiflu®), Xofluza™, and Zanamivir (including Relenza®) are not available through a member's mail order benefit.

Coverage for these medications is for up to a 5-day course of treatment with either Oseltamivir (including Tamiflu®) or Zanamivir (including Relenza®) and for up to a 10-day course of prophylaxis with Oseltamivir (including Tamiflu®) or Zanamivir (including Relenza®) within 180 days. Up to a one-day course of therapy within 180 days with Xofluza™ if within 48 hours of the start of symptoms. Coverage for additional supplies of these medications would need to be reviewed on an individual basis.

**Please note: This policy is reviewed on an annual basis in order to remain current with treatment guidelines and CDC recommendations. **

Note: Zanamivir (including Relenza®) is FDA-approved for persons aged greater than or equal to 7 years old, while Oseltamivir (including Tamiflu®) is approved for persons aged 2 weeks of age and older for the treatment of acute uncomplicated illness associated with influenza infection. Xofluza™ is FDA approved for ages 12 and older.¹⁰ In addition, Zanamivir (including Relenza®) is FDA-approved for persons aged greater than or equal to 5 years old and Oseltamivir (including Tamiflu®) is FDA approved in persons greater than or equal to 1 year-of age for the prophylaxis of influenza. The Centers for Disease Control and Prevention recommend that caution is advised if Zanamivir (including Relenza®) is used by patients with underlying chronic respiratory illness.^{1,4,5} According to the FDA, "Relenza® (Zanamivir) appears less effective in patients who do not have elevated temperature or severe symptoms."⁴

We do not cover the above drugs for other conditions not listed above.

Individual Consideration

All our medical policies are written for the majority of people with a given condition. Each policy is based on medical science. For many of our medical policies, each individual's unique clinical circumstances may be considered in light of current scientific literature. Physicians may send relevant clinical information for individual patients for consideration to:

Blue Cross Blue Shield of Massachusetts
 Pharmacy Operations Department
 25 Technology Place
 Hingham, MA 02043
 Tel: 1-800-366-7778
 Fax: 1-800-583-6289

Policy History

Date	Action
7/2023	Reformatted Policy.
11/2022	Updated note with Tamiflu age update.

11/2018	Updated to include Xofluza™ and Oseltamivir.
6/2017	Updated address for Pharmacy Operations.
1/2014	Updated ExpressPath Language and removed Blue Value.
4/2012	Reviewed 4/2012 MPG-Cardiology and Pulmonology, no changes in coverage were made.
11/2011-4/2012	Medical policy ICD 10 remediation: Formatting, editing and coding updates. No changes to policy statements.
4/2011	Reviewed - Medical Policy Group - Cardiology and Pulmonology. No changes to policy statements.
3/2010	Reviewed - Medical Policy Group - Allergy and ENT/Otolaryngology. No changes to policy statements.
11/2009	Updated to remove reimbursement request form, add standard exception form and clarify quantity information.
3/2009	Reviewed - Medical Policy Group - Allergy and ENT/Otolaryngology. No changes to policy statements.
10/2008	Updated to allow coverage for Tamiflu® and Relenza®.
3/2008	Reviewed 3/08 MPG- Pulmonology, Allergy and ENT/Otolaryngology, no changes in coverage were made.
3/2008	Updated to cover Tamiflu / Relenza at the highest tier copay level at retail pharmacy from 3/08/2008 - 5/31/0208 to address CDC recommendations of flu vaccine and Amantadin/Ramantidne ineffectiveness.
1/2008	Updated to remove reference to 06 flu season and to update FDA approved age ranges for Tamiflu®and Relenza®.
3/2007	Reviewed - Medical Policy Group - Allergy and ENT/Otolaryngology. No changes to policy statements.
1/7/200	New policy, effective 1/7/200, describing covered and non-covered indications.

References

1. See the CDC's MMWR December 17, 1999 / 48(RR14);1-9 Neuraminidase Inhibitors for Treatment of Influenza A and B Infections www.cdc.gov/epo/mmwr/preview/mmwrhtml/rr4814a1.htm
2. CDC's Prevention and Control of Influenza: Recommendations of the Advisory Committee on Immunization Practices (ACIP) April 30, 1999 /48(RR-04);1-28 <http://www.cdc.gov/epo/mmwr/preview/mmwrhtml/00057028.htm>
3. Tamiflu® - Memo from the FDA Director, Division of Antiviral Drugs, dated October 25, 1999 at www.fda.gov/cder/drug/infopage/tamiflu/directormemo.htm
4. FDATALK PAPER July 27, 1999 available at <http://www.fda.gov/bbs/topics/ANSWERS/ANS00966.html>
5. Findings of the FDA Antiviral Drugs Advisory Committee on Relenza® - Memorandum from Director of the Division on Antiviral Drugs of FDA, dated 7/26/99. Available at [fda.gov/cder](http://www.fda.gov/cder)
6. Revised safety labeling for Relenza® (zanamivir) issued by Glaxo Wellcome INC. For additional information see the FDA website at: <http://www.fda.gov/medwatch/safety/2000/relenz.htm>.
7. See the CDC Recommendations against the Use of Amantadine and Rimantadine for the Treatment or Prophylaxis of Influenza in the United States during the 2005-2006 Influenza Season. Available at: <http://www.cdc.gov/flu/han011406.htm>
8. Tamiflu® [package insert]. Nutley, NJ: Roche Pharmaceuticals; 2007.
9. Relenza® [package insert], Research Triangle Park, NC: GlaxoSmithKline; 2007.
10. Xofluza™ [package insert], Settsu, Japan: Shionogi & Co., Ltd.; 2018.

To request prior authorization using the Massachusetts Standard Form for Medication Prior Authorization Requests (eForm), click the link below:

<http://www.bluecrossma.org/medical-policies/sites/g/files/csphws2091/files/acquiadam-assets/023%20E%20Form%20medication%20prior%20auth%20instruction%20prn.pdf>